

DE BIEB voor de Zaanstreek

Tips for children aged 0 to 2 years

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- Talk and sing to your belly. Your baby will recognise these sounds after birth.
- Talk, sing and read aloud in your best language. Particularly if the Dutch language is a challenge for you.
- Speak to your child about everything you see and do. That way, your child will learn the language quickly.
- Give your child a book made of fabric or plastic in the beginning.
- Say what your child is doing with the book and describe the pictures. Do not do this in baby language.
- Feel free to read aloud from the same book a few times. Young children love repetition.
- Make it a habit to read aloud. Read together at breakfast, or before bedtime.
- Put your telephone away and switch the TV off so that you can really engage with your child.

Download the free BoekStart app. This app contains plenty of videos about reading aloud and book tips for your baby or toddler.

debieb.nl/kids

